



Growth Group Message Discussion Guide

Revelation on Prayers of the Saints, Pt. 4
How to Pray in a Crisis- Pt. 1?

Neil Acheampong
September 11, 2022

Preparing to Lead Your Group Discussion

- **PRAY** for insight as you begin to prepare for leading your group. Ask for God's wisdom, that the Holy Spirit will be the teacher and that you will be God's instrument to lead the group to greater understanding and a willingness to commit to becoming more like God. Prayer should be your primary source of personal preparation for leading your group.
- **PLAN** where you want to take your group in the next 60-90 days. Is your group strong in some areas and weak in others? How can you challenge the members to live more balanced Christian lives? Plan to encourage your group members to grow in their weak areas.
- **PONDER YOUR PROGRESS** after each session and at the end of a series. Reflect on what went well and what didn't. Re-evaluation is key to your growth as a leader. Consider whether your plan is being effective in moving the group to greater understanding and commitment. How are you doing with leading the discussion: is it stimulating, challenging, and meaningful? Are you able to keep the group on track? Do you need to make some changes?

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Suggestions for This Week's Study

- **Icebreaker:** Share a time when you found yourself in a crisis.
- **Goal for the week:** Help group members understand how to pray in a way that honors God and brings them closer to God.

Using The Message/Sermon Discussion Guide

- **Growth Group Discussion is a tool to aid you in meeting the needs of your group.** This is designed to be completed easily within 45 minutes. As the discussion leader, you should preview and evaluate the questions before the meeting. Decide in advance what is most important to focus on, should time not allow for the entire lesson.
- **Personal applications are essential for growth and should be included in every discussion.** When discussing how they will apply principles, group members may state very general goals such as "I need to spend more time in prayer." It is important for you to help people make goals that are very specific and commit to specific plans of action by asking, for example, "How are you going to begin?" An example is to get up 25 minutes earlier each morning, spending 15 minutes reading the Bible and 10 minutes in prayer. Encourage each group member





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to be accountable to the group for personal progress at the next meeting

OPEN YOUR GROUP MEETING WITH A PRAYER AND AN ICEBREAKER. ICEBREAKER COULD BE A TESTIMONY, AN EXPERIENCE OR A JOKE.

Message Discussion Guide

- 1. What are some kinds of prayers people praying when they are in crisis? Have you prayed any of these prayer before? Did it work?*
- 2. John 15:7 says we are guaranteed answers to our prayer if we remain in Christ and His words remain in us and continue to live in our hearts. Discuss how his words continue to live in our hearts.*
- 3. We learned that in crisis, listen to God first, before talking to Him.*
 - a. Discuss how to listen to God.*
 - b. Reviewing Daniels habit of praying 3 times a day according to Daniel 6:10. Do you think your life would be any different if you had a conversation with God three times a day your entire life?*





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c. Learning from Daniel's example, how can we cultivate a habit of listening to God first every time we pray?

