

THE DISCIPLE & DIGITAL DEVICES  
**How Is My Phone Changing Me?**  
**1 Corinthians 10:23**

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Covenant Family Chapel  
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<https://www.covenantfamilychapel.org/sermons/>

## **Today's Focus: How Is My Phone Changing Me?**

### **5 Purposes of Every Christian**

Matthew 22:37-40/ Matthew 28:19-20

Purpose #1: Love the Lord with all your heart –  
Worship

Purpose #2: Love Your neighbor as your self –  
Serving (Ministry)

Purpose #3: Go and make disciples –  
Witnessing (evangelism)

Purpose #4: Baptize them (identify them with the  
body of Christ) - Fellowship

Purpose #5: Teaching them to obey –  
Discipleship (Spiritual Maturity)

- Statistics - The average American will check their phone once every 10 to 12 minutes - 96 times per day.

## **Negative Effects of Smartphones on Our Lives**

1. Waste Your Time
2. Embrace the unimportant as important
3. Desensitizes us to sin
4. Draws into unproductive arguments
5. Tempted to Show off
6. Addiction to the approval of others
7. Ignore those around us
8. Distracted from what is important
  - receive a phone call now while preaching

**How Can I use Smartphones to worship, serve, witness, fellowship, and grow spiritually?**

Ephesians 5:15-16

Be INTENTIONAL to use your smartphone to worship, serve, witness, fellowship, and grow spiritually

Romans 12:2

**LOVE PEOPLE & HATE the WORLD'S VALUE SYSTEM ON SMARTPHONES**

Matthew 12:36

Be careful about the words you are posting because you will stand judgment one day for them.

## Use Your Smartphone to .....

1. Worship – Sing along worship songs
2. Serve
3. Witness – tell people about Christ
4. Fellowship – Encourage
5. Grow Spiritually – Listen to messages

## Conclusion

Smartphones are a New source of old temptations. I believe that God is calling us to examine not merely the use of our smartphones but the **motives that inspire it.**

## **Growth Group Discussion**

### **For the week of October 15, 2023**

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#### **WHAT'S YOUR HIGHLIGHT?**

Looking back at your notes from this week's teaching, was there anything you heard for the first time or something that caught your attention, challenged, or confused you?

#### **WHAT'S YOUR STORY?**

What are your favorite things to do with smartphones?

#### **DIGGING DEEPER**

1. We check our smartphones 81,500 times each year, or about every 4.3 minutes of our waking lives. Do you think that's too much, too little, or about right? Why?
2. What are some good ways technology can be used?
3. What are some harmful ways that technology can be used?
4. What are some ways that technology (phones, letters, cars, etc.) can improve our relationships?
5. What are some ways that technology can detract from our relationships?
6. How do smartphones resemble the hand-carved idols of ancient people?