

SURRENDERING OUR HEARTS  
"Among Thorns" Heart Condition, Pt. 1  
Matthew 13:1-8; 18-23

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Covenant Family Chapel  
February 25, 2024

<https://www.covenantfamilychapel.org/sermons/>

**Today's Focus:**  
**"Among Thorns" Heart Condition**

*Matthew 13:7, 22 Luke 8:7*

*"Among Thorns" Heart Condition" is .... a heart where the word co-exists with the cares of this life and the deceitfulness of riches.*

**Question:** *How do the cares of this world, and the deceitfulness of riches, grow in our hearts alongside the word and choke the word?*

**Answer:** *When we don't prioritize God's truth, it will become overshadowed by the cares of this life and the deceitfulness of riches.*

**Cares of this world** *refers to worries, anxieties, difficulties, and needs that weigh us down.*

**Question:** *How do I stop worries, anxieties, difficulties, and needs that weigh us down from growing alongside the world?*

**Answer:** *Philippians 4:6-7 (Message Bible)*

*Use **petitions** and **praises** to Shape Your Worries into Prayers daily.*

# Growth Group Discussion

For the Week of February 25, 2024

## LOOKING BACK

1. *Looking back at your notes from this week's teaching, was there anything you heard for the first time or that caught your attention, challenged, or confused you?*

## LOOKING AHEAD

2. *We learned that our concerns can easily become anxieties. When you look at your life, has there been a time when your concerns turned into worry and anxiety? What did you do to overcome worry/anxiety? Could you say you overcame these anxious thoughts?*

## DIGGING DEEPER

3. *Read the introduction to Philippians in [Constable's Notes](#) at [NETBible.org](http://NETBible.org). Write down the background information you find about Paul's situation during the time he wrote on the subject of worry.*
4. *Read [Philippians 4:6](#) and write down the instructions you observe in this verse.*
5. *What should we do with our worries according to Philippians 4:6?*
6. *What happens when we engage in petition and praise therapy?*

## APPLYING THE LESSON TO MY LIFE

7. *The only way to break a bad habit is to replace it with a better habit. What can you do now to help you keep your concerns from turning into worries or anxieties?*

## PRAYER TIME

8. *Right now, take a moment to practice "petitions and praises therapy" by telling the Lord what you need and releasing that need to Him by offering thanks for all that He has done for you.*